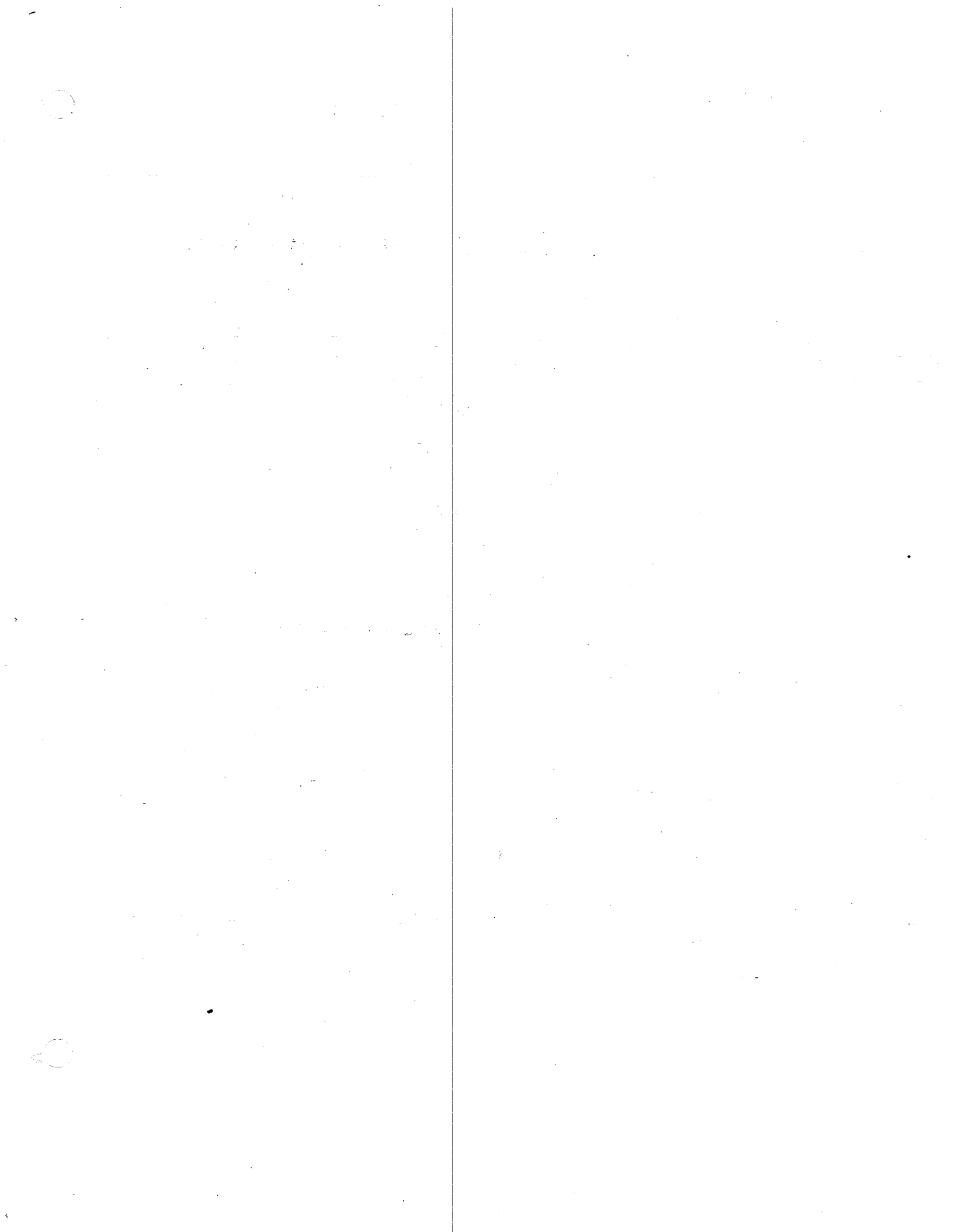


ABSTRACT

CHAUDOIR, Thomas R. A study of the attitudes of incoming freshmen at the University of Wisconsin - La Crosse toward the utilization of services and facilities offered by the University of Wisconsin - La Crosse, Cartwright Center, student union. M.S. in Recreation and Parks Administration, 1980. 60 p. (Dr. Robert Steuck)

The problem in this study was to determine the attitudes of incoming freshmen at the University of Wisconsin - La Crosse toward utilization of the present facilities at the University of Wisconsin - La Crosse, Cartwright Center, student union. A questionnaire was constructed and administered to incoming freshmen as they entered for pre-registration. Of the 1,900 questionnaires distributed, 741 were returned for approximately a 39% return. A brief summary of the data collected indicated that the female incoming freshmen showed a greater interest in recreational activities than the males. The study also showed that the no and low interest and moderate and high interest responses of the total groups male and female did not vary significantly with the male and female responses for each age group. The study shows that the male incoming freshmen indicated their moderate and high interest in activities are in bowling (77.1%), camping (77.1%), and billiards (75.2%), while the females indicated camping (84.1%), canoeing (82%), and table tennis (77.5%).



A STUDY OF THE ATTITUDES OF  
INCOMING FRESHMEN AT THE UNIVERSITY OF  
WISCONSIN - LA CROSSE TOWARD THE UTILIZATION OF  
SERVICES AND FACILITIES OFFERED BY THE UNIVERSITY  
OF WISCONSIN - LA CROSSE, CARTWRIGHT CENTER, STUDENT UNION

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A Seminar Paper

Presented to

The Graduate Faculty

University of Wisconsin - La Crosse

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In Partial Fulfillment  
of the Requirements for the  
Master of Science Degree

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by

THOMAS R. CHAUDOIR

August, 1980

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UNIVERSITY OF WISCONSIN - LA CROSSE  
School of Health, Physical Education and Recreation  
La Crosse, Wisconsin 54601

Candidate: Thomas B. Clendon

I recommend acceptance of this seminar paper in partial fulfillment of  
this candidate's requirements for the degree:

Master of Science in Recreation

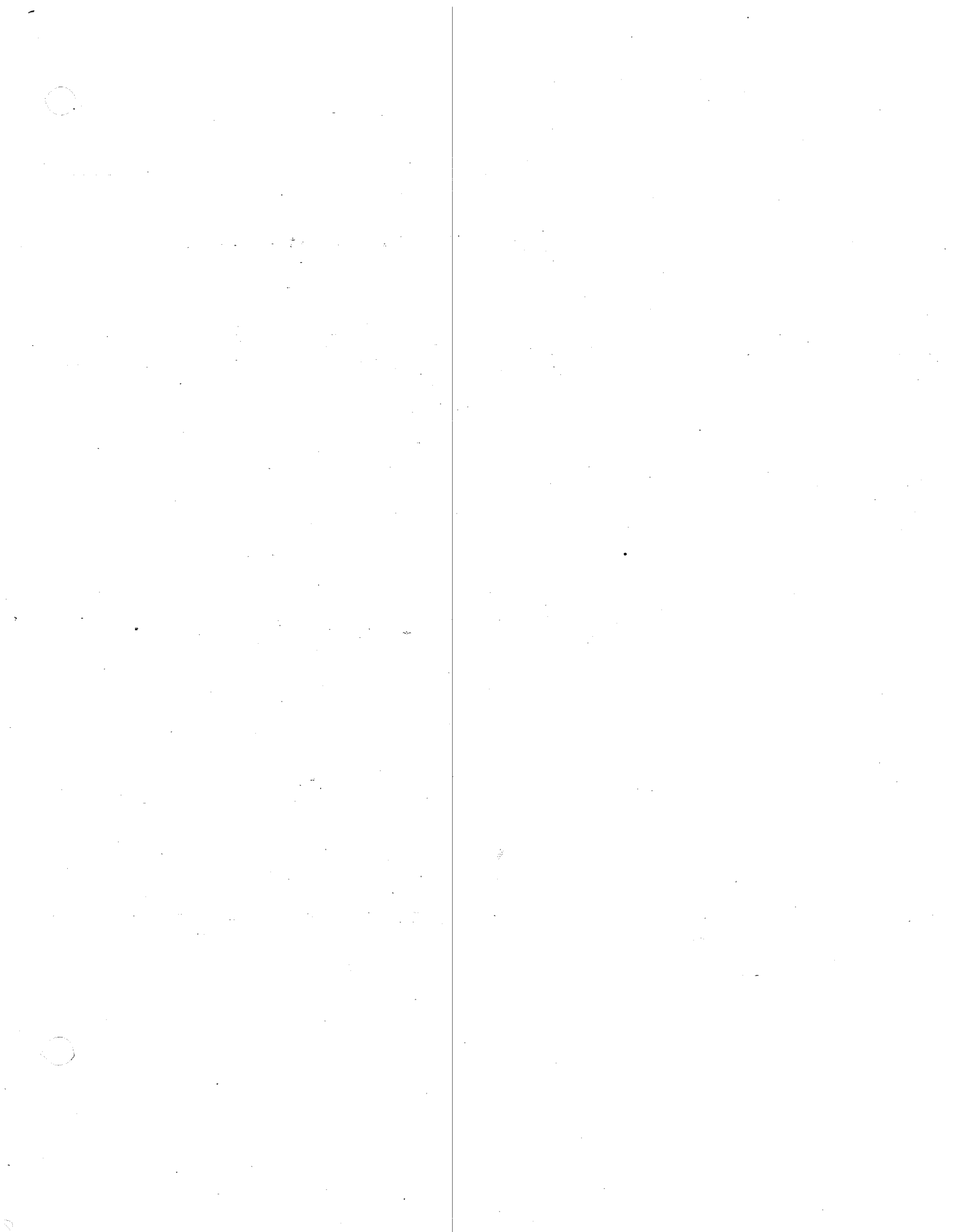
July 28, 1980  
Date

John W. Stuck  
Seminar Paper Advisor

This seminar paper is approved for the School of Health, Physical  
Education and Recreation.

7-29-80  
Date

Glenn M. Smith  
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The writer is especially grateful to the incoming freshman class who responded to the questionnaire.

DEDICATION

This seminar paper is dedicated to my mother, Doris A. Chaudoir,  
and the memory of my father, Bernard N. Chaudoir.

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CHAPTER I  
INTRODUCTION

Student unions provide programming for college and university students' extra-curricular activities. Even though a core of unions' programs exists on most campuses, each campus attempts to meet its own unique needs. The student unions' staffs rely basically on students to help determine the programs that best meet these needs on individual campuses. Usually a few students serving on the policy making board or the programming committees are expected to survey the attitudes of the entire student body.

Administrators, faculty members, student leaders, and others are concerned with the use of the facilities in the student union, and therefore welcome any information that would help them in planning a recreational program for the student body.

To shed light on incoming freshmen involvement, a study or analysis of the possible use of the recreational facilities of the student union is necessary.

Purpose of the Study

The purpose of the study was to determine attitudes of incoming freshmen students at the University of Wisconsin - La Crosse toward utilization of the present University of Wisconsin - La Crosse, Cartwright Center, student union facilities. This could give the student union staff information which they could use to re-evaluate and restructure

programs and facilities to meet the needs of the total student body at the University of Wisconsin - La Crosse.

#### Statement of the Problem

The problem was to determine the attitudes of incoming freshmen at the University of Wisconsin - La Crosse, toward utilization of the present facilities at the University of Wisconsin - La Crosse, Cartwright Center, student union.

#### Assumptions

The following assumptions were made in the study:

1. That all incoming freshmen would answer the questionnaire/survey honestly, and to the best of their ability.
2. That the incoming freshmen will attend the University of Wisconsin - La Crosse in the fall after they have pre-registered.

#### Delimitations

The study involved the following delimitations:

1. The study was delimited to incoming freshmen at the University of Wisconsin - La Crosse.
2. The questionnaire included solely the activities sponsored by the University of Wisconsin - La Crosse, Cartwright Center, student union.

#### Limitations

The study had the following limitations:

1. The study focused on the incoming freshmen for the fall

semester of 1980-81, at the University of Wisconsin - La Crosse.

2. The researcher used no means of controlling the number of male or female students surveyed at the University of Wisconsin - La Crosse.

#### Definition of Terms

The following terms have been defined for use in the study:

##### Cartwright Center

The Cartwright Center was understood to mean the University of Wisconsin - La Crosse student union.

##### Incoming Freshman Class

The incoming freshman class was understood to mean the pre-registered students who plan to attend the University of Wisconsin - La Crosse as a freshman for the 1980-81 fall semester.

##### Student Union Recreational Facilities

Recreational facilities of the student union had reference to extra-class activities and will be available for incoming freshmen use, such as the ballrooms, bowling allies, and game room.

## CHAPTER II

### REVIEW OF RELATED LITERATURE

Students' perception of student unions is a topic area which has received little attention from researchers and as a result not much has been published on the subject. However, of the studies conducted, many are shared through the Research Committee of the Association of College Unions - International (ACU-I).

The following studies were conducted on different campuses and each one utilized a different method of determining the students' opinions of the student unions on their campuses.

The University of Wisconsin Survey Research Laboratory (1969) used the interview method to determine student attitudes about the union on the Madison campus. The interview questionnaire was composed of open and closed ended questions and the interviewer recorded the answers to those questions after the questions were read to the student. The sampling design was constructed to insure that the data was representative of all students registered for the Madison campus during the fall 1969-70 semester. As a result of this survey, 71% of the respondents said that the union is responsive to students' interests. In addition, 67% said that they feel the union is doing about as much as it can to satisfy their needs at the University of Wisconsin system. Also, 65% regard the union's most important function as a place for student gathering, socializing and informal relaxation, and recreation.

In 1969 Dunning did a study of the Brigham Young University student union and stated that: 1) the use of the recreational facilities dwindled as students advanced in class; 2) the freshmen used the recreational facilities much more than the students in the sophomore, junior, senior, or graduate classes; 3) the facilities were used by single students extensively more often than by married students; and 4) the off-campus students were significantly more involved in the use of the facilities than the on-campus students. (p 78-79) He used an OpScan sheet to determine which facilities the students used and to obtain demographic data. He included in the survey three open ended questions in which he asked the students to evaluate the recreational program.

The Texas Union Survey (1968) concluded that:

1. The fact that inconvenience was cited as the number one reason for not using the union coupled with disgruntled comments from many students from the eastside of campus about not getting their money's worth indicates that there is a strong desire for the extension of union facilities into new parts of campus. One encouraging note is the high percentage of students (71%) who felt they would at least consider paying an increase union fee for the expansion of facilities.
2. The ignorance of a large portion of the student body about what the union is and what it is doing is a point of concern. In many cases, students are unaware of programs and facilities that are considered basic to the union. Efforts should be intensified and more money should be spent to publicize the union and its program.
3. The ratings of present programs sponsored and produced by the union were highly favorable. There was, however, indications that the students felt that these programs could continue to improve and/or expand. (p35-37)

The survey consisted of a check list, open ended questions, and a Likert Scale. The questionnaire was mailed to every tenth name taken from the official student directory of the University of Texas, Austin, Texas.

In the Coffman Memorial Union Survey, University of Minnesota, Minneapolis, Minnesota (1969), the questionnaire was made up of a check list and open ended questions. The questionnaire was distributed to every tenth person by volunteers stationed at the union entries. Findings from the study showed that:

1. Those who use the union appear to do so frequently, are younger (freshmen and sophomores), and live at home with their parents.
2. A key consideration coming from this study is whether the union should attempt to attract non-frequent users, such as graduate students, or whether it should concentrate on the already existing population.
3. Facilities and programs planning must coincide with the needs of the group(s) being considered.
4. If an attempt is made to enlarge the nature of those using the union, it would be advisable to do a study outside of the union building to assess the needs of those who do not now frequent the union and to discover ways to attract them. (p6)

In the Apportionment Committee Survey (1979) conducted by the University of Wisconsin - La Crosse, students were asked to rate on a scale of one to five which activity in the future should receive an increase, decrease, or equivalent allocation, compared to 1976-77 and 1978-79 fee allocations. With one signifying less funds and five signifying more funds; adequate funds were signified by three. Surveys were distributed at random while students waited in line for registration. Students were then asked to return the completed forms before they reached station one of registration. The number of students who completed and returned the surveys totalled 3,568. Of this total, the freshman class completed and returned 1,280 surveys (36.2%). In addition, the freshman class data reflected a desire for increased allocation for recreational activities. (38.7%)

## CHAPTER III

### METHODS

The Methods Chapter is divided into three sections: Development of the Questionnaire; Procedures; and, Statistical Analysis of the Questionnaire.

#### Development of the Questionnaire

A questionnaire on recreational activities was developed by the researcher. A copy of the questionnaire is included in Appendix A. Respondents were asked to darken the box of the response that best revealed their personal attitude toward the question.

The questionnaire was constructed by the investigator. Ideas for questionnaire items were obtained from informal discussions conducted with various faculty staff members serving in the student union at the University of Wisconsin - La Crosse.

#### Procedures

To measure the potential use of the recreational facilities located in the student union, a questionnaire was constructed and administered to incoming freshmen at pre-registration. The questionnaire was distributed to incoming freshmen at orientation during pre-registration on June 14, 16, 18, 20, 21, and 24, and collected after they had registered.

The method used to obtain the needed data was a computer scan sheet. The construction of the questionnaire was based upon the following criteria:

1. The questionnaire was so constructed that the printing of questions would not interfere with the scanning process of the optical reader.
2. The questionnaire had to provide responses to all questions which allowed for only pencil marking to indicate the respondents' desired answers.
3. The questionnaire had to be brief for rapid administration during the time allowed for pre-registration.

#### Statistical Analysis of Questionnaire

All questionnaire results were analyzed at the computer center at the University of Wisconsin - La Crosse.

CHAPTER IV  
RESULTS AND DISCUSSION

A questionnaire was used to obtain the main information in this descriptive study. The questionnaire was administered to 1,900 incoming freshmen during pre-registration at the University of Wisconsin - La Crosse. Of these, 797 questionnaires (41.9%) were returned, 56 (7%) of the 797 questionnaires returned were filled out incompletely. As a result, 741 (39%) of the questionnaires returned were used in the tabulations of this study. Of the questionnaires returned, 471 (63.9%) were returned by females, while 258 (35.1%) were returned by males. This corresponds to the percentage of females (61%) and males (39%) that preregistered.

The first three items of the questionnaire pertained to personal data. This information was intended to give the researcher background information regarding the type of incoming freshmen who participated in the study. The following is a summary of the data gathered.

Information on the personal data, as gathered and tabulated from the questionnaire may be found in tables one and two.

Within the areas of sex and marital status, there was a rather uneven distribution of single males and females and married males and females (Table 1).

Table 1  
Sex and Marital Status

	Tally	%
Single Male	255	98.1
Single Female	462	97.7
Married Male	3	1.2
Married Female	11	2.3

The majority of the respondents fell in the seventeen and eighteen year old age brackets (Table 2). The mean being 1.84 and a standard deviation of .659.

Table 2  
Age

Years	Tally	%
17	200	27
18	474	64
19	32	4.3
20 and over	26	3.5

Tables three through eight measure the interest of the incoming freshmen toward the various indoor and outdoor recreational activities listed. These tables deal with questions 4 through 46 of the questionnaire. The researcher chose to combine no and low interest and moderate and high interest responses together for ease of reading and to meet the criteria of the personnel advisor of the student union.

Table 3

## Total Table of All Responses

Activity	No and Low Interest		Moderate and High Interest		Mean Score	Standard Deviation
	Tally	%	Tally	%		
<u>Indoor</u>						
Backgammon	475	64.5	254	34.5	1.36	.513
Bridge	690	93.6	39	5.3	1.06	.268
Billiards	314	42.6	411	55.8	1.60	.583
Bowling	164	22.3	555	75.3	1.82	.561
Cards	235	31.9	490	66.5	1.69	.527
Checkers	485	65.8	246	33.4	1.34	.473
Chess	510	69.2	218	29.6	1.31	.515
Foosball	306	41.5	418	56.8	1.60	.554
Table Tennis	174	23.6	546	74.1	1.79	.531
Darts	441	59.8	288	39.1	1.40	.506
Dancing	277	37.6	448	60.8	1.63	.531
Karate	442	60.0	282	38.3	1.41	.570
Aikido	608	82.6	117	15.9	1.16	.368
Weight Lifting	390	52.9	335	45.5	1.48	.562
Badminton	283	38.4	440	59.7	1.64	.588
Handball	348	47.2	378	51.3	1.54	.561
Racquetball	246	33.4	474	64.3	1.69	.561

Table 3 (continued)

Activity	No and Low Interest		Moderate and High Interest		Mean Score	Standard Deviation
	Tally	%	Tally	%		
<u>Outdoor</u>						
Camping	118	16.0	599	81.3	1.89	.545
Canoeing	139	18.7	583	79.1	1.84	.514
Fishing	300	40.7	423	57.4	1.60	.552
Frisbee	179	24.3	544	73.8	1.77	.507
Ice Skating	299	40.6	427	58.0	1.60	.523
Sailing	284	38.5	444	60.2	1.63	.547
Ice Hockey	517	70.2	213	28.9	1.29	.455
Soccer	404	54.8	323	43.8	1.46	.546
Archery	415	56.3	316	42.9	1.44	.529
Jogging	263	35.7	463	62.8	1.67	.567
Horseback Riding	227	30.9	493	66.9	1.72	.577
Trapshooting	559	75.6	166	22.5	1.24	.464
Downhill Skiing (Recreational)	246	33.4	474	64.3	1.71	.622
Downhill Skiing (Racing)	518	70.3	210	28.5	1.30	.492
Cross-country Skiing (Recreational)	315	42.8	408	55.4	1.60	.596
Cross-country Skiing (Racing)	563	76.4	167	22.7	1.23	.420
Cycling	181	24.6	543	73.7	1.78	.522
Backpacking	252	34.2	475	64.5	1.68	.549

Table 3 (continued)

Activity	No and Low Interest		Moderate and High Interest		Mean Score	Standard Deviation
	Tally	%	Tally	%		
Kayaking	383	52.0	343	46.5	1.49	.562
Rigby	555	75.3	169	22.9	1.24	.442
Skin & Scuba Diving	373	50.6	353	47.9	1.51	.562
Softball	194	26.3	528	71.6	1.77	.569
Rowing	431	58.5	297	40.3	1.41	.509
Water-skiing	208	28.2	509	69.1	1.75	.580
Spelunkering (Cave exploration)	430	58.3	292	39.6	1.43	.572
Orienteering (map & compass)	568	771.	149	20.2	1.22	.452

Table 4  
Male, Female Responses

Activity	M A L E				F E M A L E			
	No and Low Interest		Mod. & High Interest		No and Low Interest		Mod. & High Interest	
	Tally	%	Tally	%	Tally	%	Tally	%
<u>Indoor</u>								
Backgammon	185	71.7	71	27.5	287	60.9	181	38.4
Bridge	242	93.8	12	4.6	445	94.5	26	5.5
Billiards	58	22.5	194	75.2	255	54.1	213	45.2
Bowling	54	20.9	199	77.1	109	23.1	353	75.0
Cards	81	31.4	173	67.1	153	32.5	313	66.5
Checkers	183	70.9	75	29.1	299	63.5	170	36.1
Chess	150	58.1	104	40.3	357	75.8	113	24.0
Foosball	102	30.5	151	58.5	202	42.9	264	56.1
Table Tennis	74	28.7	177	68.6	100	21.2	365	77.5
Darts	137	53.1	121	46.9	301	63.9	165	35.0
Dancing	158	61.2	100	38.8	118	25.1	344	73.0
Karate	162	62.8	94	36.4	279	59.2	184	39.1
Aikido	207	80.2	49	19.0	398	84.5	66	14.0
Weight Lifting	84	32.6	170	65.9	303	64.3	164	34.8
Badminton	126	48.9	127	49.2	154	32.7	312	66.2
Handball	124	48.1	132	51.2	221	47.0	244	51.8
Racquetball	99	38.4	156	60.5	145	30.8	316	67.1

Table 4 (continued)

Activity	M A L E				F E M A L E			
	No and Low Interest		Mod. & High Interest		No and Low Interest		Mod. & High Interest	
	Tally	%	Tally	%	Tally	%	Tally	%
<u>Outdoor</u>								
Camping	56	21.7	199	77.1	62	13.2	396	84.1
Canoeing	64	24.8	192	74.4	75	15.9	386	82.0
Fishing	78	30.2	174	67.4	220	46.7	246	52.2
Frisbee	65	25.2	187	72.5	114	24.2	352	74.7
Ice Skating	148	57.4	108	41.9	150	31.9	316	67.1
Sailing	140	54.3	117	45.4	144	30.6	323	68.6
Ice Hockey	166	64.3	92	35.7	348	73.9	120	25.5
Soccer	142	55.0	116	45.0	260	55.2	205	43.5
Archery	133	51.6	125	48.4	281	59.7	188	40.0
Jogging	106	41.1	150	58.1	157	33.3	309	65.6
Horseback Riding	125	48.5	131	50.8	100	21.2	360	76.4
Trapshooting	142	55.0	112	43.4	412	87.5	53	11.2
Downhill Skiing (Recreational)	99	38.8	155	60.1	146	31.0	316	67.1
Downhill Skiing (Racing)	170	65.9	85	33.0	344	73.0	124	26.3
Cross-country Skiing (Recreational)	132	51.1	124	48.1	180	38.2	283	60.1
Cross-country Skiing (Racing)	188	72.9	69	26.7	372	79.0	97	20.6
Cycling	78	30.2	177	68.6	101	21.4	364	77.3

Table 4 (continued)

Activity	M A L E		M O D . & H I G H		N O A N D L O W		M O D . & H I G H	
	Tally	%	Tally	%	Tally	%	Tally	%
Backpacking	114	44.2	144	55.8	136	28.9	329	69.9
Kayaking	130	50.4	128	49.6	251	53.3	214	45.4
Rugby	190	73.6	66	25.6	363	77.1	102	21.7
Skin & Scuba Diving	108	41.9	148	57.4	262	55.6	204	43.3
Softball	62	24.0	190	73.6	131	27.8	335	71.1
Rowing	156	60.5	100	38.8	273	58.0	195	41.4
Water-skiing	85	33.0	168	65.1	122	25.9	339	72.0
Spelunkering (Cave exploration)	148	57.4	103	39.9	279	59.2	188	40.0
Orienteering (map & compass)	184	71.3	64	24.8	380	80.7	85	18.1

Table 5  
Seventeen Year Old Responses

Activity	M A L E		F E M A L E	
	No and Low Interest Tally	Mod. & High Interest Tally	No and Low Interest Tally	Mod. & High Interest Tally
<u>Indoor</u>				
Backgammon	40	17	85	54
Bridge	52	4	131	9
Billiards	13	44	78	62
Bowling	11	47	29	110
Cards	20	38	42	96
Checkers	40	18	80	60
Chess	33	24	95	45
Foosball	24	34	60	78
Table Tennis	21	47	27	111
Darts	32	26	90	48
Dancing	30	28	35	102
Karate	38	20	82	55
Aikido	44	14	120	16
Weight Lifting	22	34	94	45
Badminton	30	27	43	96
Handball	25	33	69	71
Racquetball	21	36	41	97

Table 5 (continued)

Activity	M A L E		F E M A L E	
	No and Low Interest Tally	Mod. & High Interest Tally	No and Low Interest Tally	Mod. & High Interest Tally
<u>Outdoor</u>				
Camping	18	40	20	116
Canoeing	17	41	28	109
Fishing	21	36	64	75
Frisbee	17	40	41	96
Ice Skating	34	24	45	93
Sailing	31	27	49	90
Ice Hockey	37	21	108	32
Soccer	33	25	87	52
Archery	34	24	87	53
Jogging	23	34	51	89
Horseback Riding	27	31	30	109
Trapshooting	31	26	127	12
Downhill Skiing (Recreational)	21	37	48	91
Downhill Skiing (Racing)	39	19	108	31
Cross-country Skiing (Recreational)	32	26	69	71
Cross-country Skiing (Racing)	42	16	121	18
Cycling	16	42	33	107

Table 5 (continued)

Activity	M A L E		F E M A L E	
	No and Low Interest	Mod. & High Interest	No and Low Interest	Mod. & High Interest
	Tally	Tally	Tally	Tally
Backpacking	26	32	45	94
Kayacking	31	27	76	63
Rugby	42	15	111	27
Skin & Scuba Diving	29	29	82	57
Softball	14	44	40	100
Rowing	39	19	82	57
Water-skiing	21	37	36	101
Spelunkering (Cave exploration)	36	22	87	52
Orienteering (map & compass)	38	15	117	21

Table 6  
Eighteen Year Old Responses

Activity	M A L E		F E M A L E	
	No and Low Interest Tally	Mod. & High Interest Tally	No and Low Interest Tally	Mod. & High Interest Tally
<u>Indoor</u>				
Backgammon	125	47	183	115
Bridge	164	7	281	17
Billiards	40	128	152	144
Bowling	35	133	69	221
Cards	51	118	96	199
Checkers	124	49	196	100
Chess	102	69	239	58
Foosball	66	104	129	166
Table Tennis	44	123	65	229
Darts	90	83	194	101
Dancing	116	57	70	222
Karate	110	62	179	114
Aikido	147	25	251	44
Weight Lifting	51	120	189	106
Badminton	81	88	100	194
Handball	80	91	136	158
Racquetball	64	107	93	200

Table 6 (continued)

Activity	M A L E		F E M A L E	
	No and Low Interest Tally	Mod. & High Interest Tally	No and Low Interest Tally	Mod. & High Interest Tally
<u>Outdoor</u>				
Camping	35	135	38	252
Canoeing	43	128	43	249
Fishing	49	121	139	156
Frisbee	42	127	64	232
Ice Skating	98	73	97	198
Sailing	91	81	79	216
Ice Hockey	110	63	218	78
Soccer	95	78	155	139
Archery	92	81	171	125
Jogging	69	103	92	201
Horseback Riding	83	88	63	227
Trapshooting	100	70	260	34
Downhill Skiing (Recreational)	67	102	86	204
Downhill Skiing (Racing)	110	60	212	84
Cross-country Skiing (Recreational)	86	85	101	190
Cross-country Skiing (Racing)	125	47	229	68
Cycling	51	119	61	232

Table 6 (continued)

Activity	M A L E		F E M A L E	
	No and Low Interest	Mod. & High Interest	No and Low Interest	Mod. & High Interest
	Tally	Tally	Tally	Tally
Backpacking	80	93	78	216
Kayaking	83	90	153	140
Rugby	126	46	227	67
Skin & Scuba Diving	70	101	157	137
Softball	37	130	80	214
Rowing	103	69	168	129
Water-skiing	56	113	71	222
Spelunkering (Cave exploration)	99	68	170	125
Orienteering (map & compass)	126	43	239	56

Table 7  
Nineteen Year Old Responses

Activity	M A L E		F E M A L E	
	No and Low Interest	Mod. & High Interest	No and Low Interest	Mod. & High Interest
	Tally	Tally	Tally	Tally
<u>Indoor</u>				
Backgammon	8	4	11	7
Bridge	12	0	18	0
Billiards	2	10	14	4
Bowling	3	9	5	13
Cards	5	7	7	11
Checkers	7	5	12	6
Chess	7	4	13	5
Foosball	4	7	6	12
Table Tennis	2	10	5	13
Darts	8	4	10	8
Dancing	3	9	8	10
Karate	7	5	9	9
Aikido	9	3	16	2
Weight Lifting	5	7	10	8
Badminton	5	7	8	10
Handball	8	4	11	7
Racquetball	7	5	8	9

Table 7 (continued)

Activity	M A L E		F E M A L E	
	No and Low Interest Tally	Mod. & High Interest Tally	No and Low Interest Tally	Mod. & High Interest Tally
<u>Outdoor</u>				
Camping	2	10	2	16
Canoeing	3	9	2	16
Fishing	5	6	8	10
Frisbee	2	10	5	13
Ice Skating	6	6	5	13
Sailing	8	4	10	8
Ice Hockey	9	3	12	5
Soccer	5	7	10	7
Archery	3	9	13	5
Jogging	5	7	8	10
Horseback Riding	7	5	4	13
Trapshooting	5	7	13	4
Downhill Skiing (Recreational)	4	8	7	11
Downhill Skiing (Racing)	9	3	15	3
Cross-country Skiing (Recreational)	6	6	5	13
Cross-country Skiing (Racing)	8	4	13	5
Cycling	3	9	5	13

Table 7 (continued)

Activity	M A L E		F E M A L E	
	No and Low Interest	Mod. & High Interest	No and Low Interest	Mod. & High Interest
	Tally	Tally	Tally	Tally
Backpacking	3	9	7	11
Keyaking	7	5	12	6
Rugby	9	3	13	5
Skin & Scuba Diving	5	7	11	7
Softball	3	9	4	13
Rowing	5	7	13	5
Water-skiing	5	7	7	11
Spelunkering (Cave exploration)	5	7	13	5
Orienteering (map & compass)	9	3	14	3

Table 8  
Twenty and Over Year Old Responses

Activity	M A L E		F E M A L E	
	No and Low Interest	Mod. & High Interest	No and Low Interest	Mod. & High Interest
	Tally	Tally	Tally	Tally
<u>Indoor</u>				
Backgammon	11	3	7	5
Bridge	13	1	12	0
Billiards	2	12	9	2
Bowling	5	9	5	7
Cards	5	9	6	6
Checkers	11	3	10	2
Chess	7	7	8	4
Foosball	8	5	5	7
Table Tennis	7	6	3	9
Darts	7	7	7	5
Dancing	8	6	4	8
Karate	6	7	8	4
Aikido	6	7	9	3
Weight Lifting	6	8	8	4
Badminton	10	4	3	9
Handball	10	4	4	6
Racquetball	7	7	2	8

Table 8 (continued)

Activity	M A L E		F E M A L E	
	No and Low Interest	Mod. & High Interest	No and Low Interest	Mod. & High Interest
	Tally	Tally	Tally	Tally
<u>Outdoor</u>				
Camping	1	13	2	9
Canoeing	1	13	2	9
Fishing	3	10	6	5
Frisbee	4	9	4	8
Ice Skating	9	5	3	9
Sailing	9	5	5	7
Ice Hockey	9	5	8	4
Soccer	9	5	7	5
Archery	3	11	8	4
Jogging	8	6	5	7
Horseback Riding	7	7	2	9
Trapshooting	5	9	10	2
Downhill Skiing (Recreational)	7	7	4	8
Downhill Skiing (Racing)	11	3	8	4
Cross-country Skiing (Recreational)	7	7	4	7
Cross-country Skiing (Racing)	12	2	8	4
Cycling	7	7	1	10

Table 8 (continued)

Activity	M A L E		F E M A L E	
	No and Low Interest Tally	Mod. & High Interest Tally	No and Low Interest Tally	Mod. & High Interest Tally
Backpacking	5	9	4	7
Kayaking	8	6	9	3
Rugby	12	2	10	2
Skin & Scuba Diving	3	11	9	3
Softball	8	6	5	7
Rowing	8	5	8	3
Water-skiing	3	10	6	5
Spelunkering (Cave exploration)	7	6	7	5
Orienteering (map & compass)	10	3	7	5

Item number 47 on the questionnaire said, "Excluding the above activities, list one or two other Recreational Activities you have an interest in." Ninety-eight activities were listed that the incoming freshmen have an interest in (Table 9).

Table 9  
Preference for Additional Activities

Activity	Tally
Swimming	96
Tennis	85
Volleyball	66
Basketball	66
Football	37
Golf	32
Baseball	21
Hang Gliding	16
Gymnastics	15
Roller Skating	15
Hunting	14
Biking	11
Hiking (Short Ones)	7
Diving	5
Water Ballet	5
Photography	5

Table 9 (continued)

Activity	Tally
Track	5
Wrestling	5
Reading	4
Boating	4
Field Hockey	4
Crafts	4
Pin Ball	4
Snowmobiling	4
Flag Football	4
Softball	4
Moto-Cross	4
Girls	4
Skate Boarding	4
Hot Air Ballooning	3
Motorcycle Racing	3
Motorcycling	3
Curling	3
Music	3
Cheerleading	3
Canoe Racing	2
Repelling	2
Mountain Climbing	2

Table 9 (continued)

Activity	Tally
Synchronized Swimming	2
Guitar	2
Cross Country Running	2
Touch Football	2
Sky Diving	2
Road Racing	2
Movies	2
Wood Working	2
Boxing	2
Juggling	1
White Water Canoeing	1
Coin Collecting	1
Motor Boating	1
Piano Playing	1
Blue Stars Drum and Bugle Corps	1
Bowhunting	1
Cars and Related Mechanics	1
Exercise Class (Women)	1
Dungeon and Dragon (War Games)	1
Deep Sea Fishing	1
Singing	1
Powder Puff Football	1

Table 9 (continued)

Activity	Tally
Aerobic Dance	1
Surfing	1
Barbershop Quartet	1
Gardening	1
Parachuting	1
Aerosmith	1
Speed Skating	1
Water Polo	1
Water Fights	1
Ski Gliding	1
Dirt Cycling	1
Team Handball	1
Going Out	1
Women and Beer	1
Frisbee Golf	1
Hockey	1
La Crosse	1
Fencing	1
Snowshoeing	1
Ice Fishing	1
Twirling	1
Self Defense	1

Table 9 (continued)

Activity	Tally
Flying	1
Sledding	1
Bird Watching	1
Tumbling	1
Sleeping	1
Records	1
Rock Climbing	1
Painting	1
Sewing	1
. Dart Ball	1
Cooking	1
Walking	1
Traveling	1
Drama	1
Forensics	1
Resting	1

Item number 48 stated, "Please check if you have an interest in the following intramural type leagues: Bowling, Billiards, Darts, or Others, Please Specify." Table 10 shows the 45 additional leagues that the incoming freshmen have an interest in.

Table 10  
Preference for Additional Leagues

League	Tally
Bowling	333
Billiards	199
Darts	74
Softball	60
Basketball	49
Volleyball	44
Tennis	9
Baseball	8
Football	7
Badminton	5
Racquetball	4
Skiing	4
Water Skiing	4
Golf	4
Table Tennis	3
Soccer	3

Table 10 (continued)

League	Tally
Archery	2
Track	2
Karate	2
Bike Riding	2
Euchre	2
Cribbage	2
Ultimate Frisbee	2
Backgammon	2
Cross Country Skiing	2
Foosball	2
Chess	2
Racquet Sports	1
Hockey	1
Trapshooting	1
Frisbee Football	1
Roller Skating	1
Downhill Skiing	1
Cycling	1
Miniature Golf	1
Self Defense	1
Jogging	1
Juggling	1

Table 10 (continued)

League	Tally
Horseback Riding	1
Water Polo	1
Gymnastics	1
Swimming	1
Dance	1
Sailing	1
Wrestling	1

Item number 49 stated, "Please check if you have an interest in the following clubs: Bowling, Trekker, Outing, Skin and Scuba Diving, or Others, Please Specify." Table 11 shows the 42 additional clubs that the incoming freshmen have an interest in.

Table 11

## Preference for Additional Clubs

Club	Tally
Bowling	188
Skin and Scuba Diving	172
Trekker Outing	105
Skiing	22
Downhill Skiing	7
Karate	6
Horseback Riding	4
Sailing	3
Tennis	3
Water Skiing	3
Soccer	3
Cross Country Skiing	3
Softball	3
Badminton	2
Volleyball	2
Water Polo	2

Table 11 (continued)

Club	Tally
Cycling	2
Racquetball	2
Ski Racing	2
Jogging	2
Biking	2
Canoeing	1
Billiards	1
Photography	1
Beginning Skiing	1
Motorcycling	1
Boxing	1
Camping	1
Dance	1
Archery	1
Table Tennis	1
Frisbee	1
Backpacking	1
Hot Air Ballooning	1
Mountain Climbing	1
Sky Diving	1
Forensics	1
Card Playing	1

Table 11 (continued)

Club	Tally
Singing	1
Backgammon	1
Soft Bowling	1
Cheerleading	1

Tables twelve through seventeen show the ranking of the top activities for the respective groups.

Table 12

## Ranking of Top Responses From Total Table

Activity	No and Low Interest		Activity	Mod. & High Interest	
	Tally	%		Tally	%
Bridge (I)	690	93.6	Camping (O)	599	81.3
Aikido (I)	608	82.5	Canoeing (O)	583	79.1
Orienteering (O)	568	77.8	Bowling (I)	555	75.3
Cross-ctry Skiing (Racing) (O)	563	76.4	Table Tennis (I)	546	74.1
Trapshooting (O)	559	75.9	Frisbee (O)	544	73.8
Rugby (O)	555	75.3	Cycling (O)	543	73.7

(I) denotes indoor activity

(O) denotes outdoor activity

Table 13  
 Ranking of Top Male, Female Responses

M A L E

Activity	No and Low Interest		Activity	Mod. & High Interest	
	Tally	%		Tally	%
Bridge (I)	242	93.8	Bowling (I)	199	77.1
Aikido (I)	207	80.2	Camping (O)	199	77.1
Rugby (O)	190	73.9	Billiards (I)	194	75.2
Cross-Country Skiing (Racing) (O)	188	72.9	Canoeing (O)	192	74.4
Orienteering (O)	184	71.3	Softball (O)	190	73.6

F E M A L E

Bridge (I)	445	94.5	Camping (O)	396	84.1
Trapshooting (O)	412	87.5	Canoeing (O)	386	82.0
Aikido (I)	398	84.5	Table Tennis (I)	365	77.5
Orienteering (O)	380	80.7	Cycling (O)	364	77.3
Cross-Country Skiing	372	79.0	Horseback Riding (O)	360	76.4

(I) denotes indoor activity

(O) denotes outdoor activity

Table 14  
 Ranking of the Top Seventeen Year Olds Responses

## M A L E

Activity	No and Low Interest		Activity	Mod. & High Interest	
	Tally	%		Tally	%
Bridge (I)	52	89.7	Bowling (I)	47	81.0
Aikido (I)	44	75.7	Billiards (I)	44	75.9
Cross-Cntry Skiing (Racing) (O)	42	72.4	Softball (O)	44	75.9
Rugby (O)	42	72.4	Cycling (O)	42	72.4
Backgammon (I)	40	69.0	Canoeing (O)	41	70.7

## F E M A L E

Bridge (I)	131	93.6	Camping (O)	116	82.7
Trapshooting (O)	127	90.7	Table Tennis (I)	111	79.3
Cross-Cntry Skiing (Racing) (O)	121	86.4	Bowling (I)	110	78.6
Aikido (I)	120	85.7	Canoeing (O)	109	77.9
Orienteering (O)	117	83.6	Horseback Riding (O)	109	77.9

(I) denotes indoor activity

(O) denotes outdoor activity

Table 15  
 Ranking of Top Eighteen Year Old Responses

M A L E

Activity	No and Low Interest		Activity	Mod. & High Interest	
	Tally	%		Tally	%
Bridge (I)	164	94.8	Camping (O)	135	78.0
Aikido (I)	147	85.0	Bowling (I)	133	76.9
Rugby (O)	126	72.8	Softball (O)	130	75.1
Orienteering (O)	126	72.8	Canoeing (O)	128	74.0
Backgammon (I)	125	72.3	Billiards (I)	128	74.0

F E M A L E

Bridge (I)	281	94.0	Camping (O)	252	84.6
Trapshooting (O)	260	87.3	Canoeing (O)	252	84.6
Aikido (I)	251	84.2	Cycling (O)	232	77.9
Chess (I)	239	80.2	Frisbee (O)	232	77.9
Orienteering (O)	239	80.2	Table Tennis (I)	229	76.9

(I) denotes indoor activity

(O) denotes outdoor activity

Table 16  
 Ranking of the Top Nineteen Year Old Responses

## M A L E

Activity	No and Low Interest		Activity	No and Low Interest	
	Tally	%		Tally	%
Bridge (I)	12	100.0	Billiards (I)	10	83.3
Aikido (I)	9	75.0	Table Tennis (I)	10	83.3
Ice Hockey (I)	9	75.0	Camping (O)	10	83.3
Downhill Skiing (Racing) (O)	9	75.0	Frisbee (O)	10	83.3
Rugby (O)	9	75.0			
Orienteering (O)	9	75.0			

## F E M A L E

Bridge (I)	18	100.0	Camping (O)	16	88.9
Aikido (I)	16	89.9	Canoeing (O)	16	88.9

(I) denotes indoor activity

(O) denotes outdoor activity

Table 17  
 Ranking of the Top  
 Twenty and Over Year Old Responses

## M A L E

Activity	No and Low Interest Tally	%	Activity	Mod. & High Interest Tally	%
Bridge (I)	13	92.9	Camping (O)	13	92.9
Cross-Cntry Skiing (Racing) (O)	12	85.7	Canoeing (O)	13	92.9
Rugby (O)	12	85.7	Billiards (I)	12	85.7

## F E M A L E

Bridge (I)	12	100.0	Cycling (O)	10	83.3
Checkers (I)	10	83.3	Table Tennis (I)	9	75.0
Trapshooting (O)	10	83.3	Badminton (I)	9	75.0
Rugby (O)	10	83.3	Camping (O)	9	75.0
			Canoeing (O)	9	75.0
			Horseback Riding (O)	9	75.0

(I) denotes indoor activity

(O) denotes outdoor activity

Question 50 of the questionnaire asked the incoming freshmen for comments.

Comments Made by Incoming Freshmen

"It's good to know the school is interested in my hobbies."

"It would be great to start a club based on canoeing and primitive camping."

"You forgot golf."

"Should start a pool team."

"Nice survey."

"Good survey."

"I hope this will bring about some new clubs."

"Good luck with this."

"Get a softball league started."

"I am interested in other intramural sports too."

"Interesting survey."

"Fine survey, get to know what incoming frosh want to do."

"Wish there were more racquetball facilities and clubs."

"I think we should get horses so we can go riding."

"I think it's great you're doing something like this! Thanks for asking."

"Good survey, shows a lot of thought."

"What's aikido?"

"I'd love to see courses in aerobic dancing."

"Outdoor activities which take advantage of this beautiful side of the state of Wisconsin are the biggest."

"I like doing most of the items listed, all are fun to do."

"Very complete."

"The test was confusing."

"I would like to go on cross country ski trips."

"This is a good survey."

"Have a lot of good choices."

"Good luck with your research."

"Nice job."

"The leagues are very interesting if there are people who are willing to teach the subjects to others. I would join more if I could learn the sport."

"Good, direct questionnaire."

"Sounds great."

"I wish you the best of luck with your research."

"What?"

"This was interesting, I don't understand what your getting at, but it was interesting."

"Someday I hope you will help me get my Master's Seminar Paper!"

"Nice variety."

"Help."

"These activities sound like a lot of fun, it's too bad we can't do some of them in the winter."

"I love sports, games, and activities, want as much as possible."

"What do you get for this?"

"I really wish there were a girl's fast pitch softball team."

"This place has it all."

"If La Crosse has all these activities available to me, I should have a good time."

"I love to snow ski."

"If I lived on campus, I think I would get more involved."

"I'm looking forward to school."

"I would like to see some boxing club."

"I hate registration."

"Why now to fill out questionnaire, we hardly have enough time to think straight."

"This is boring."

"Would like to take survival type programs."

"Covered a lot of activities, very wide spread."

"I'm looking forward to all the activities at La Crosse."

"I would like to be able to get help from or use UW-L art equipment."

"I like most of these activities a lot."

## CHAPTER V

### SUMMARY, CONCLUSIONS, AND RECOMMENDATIONS

#### Summary

Student unions are dependent on student input in planning facilities and services. In the past the union relied primarily on the hourly room usage count and the students serving on the various committees for student input. This study was designed as an additional way of receiving student input for the student union, University of Wisconsin - La Crosse. The questionnaire was designed to get information on the incoming freshman class interests in indoor and outdoor recreational activities.

The related literature cited five studies which evaluated students' attitudes about student unions on different campuses. Varying methods of instrumentation were used in the studies and the most economical and reliable methods were selected to survey the incoming freshman students at the University of Wisconsin - La Crosse.

To measure the potential use of the recreational facilities located in the student union, a questionnaire was constructed and administered to incoming freshmen during pre-registration. The questionnaire used in this study consisted of demographic data, a Likert Type, and open ended questions. \*

Of the 1,900 questionnaires distributed, 741 were returned for approximately a 39% return.

### Conclusions

In the previous chapter the demographic data was presented, and a profile of the student evolved. It should be remembered that the students surveyed represented a variety of personal backgrounds, educational settings, and activity programs. Making comparisons and drawing conclusions were difficult because of the lack of similar data from previous studies. With these limitations in mind, the following conclusions were made.

1. That the female incoming freshmen showed a greater interest in recreational activities than the males. (63.9% to 35.1%)
2. That the majority (64%) of the incoming freshmen are eighteen years old and single (97%).
3. That the no and low interest and moderate and high interest responses of the total groups male and female, did not vary significantly with the male and female responses for each age group.
4. That the total table of responses gave a true representation of the interests of the incoming freshmen toward recreational activities.
5. That it was interesting that there was a significant number (200 or 27%) of the incoming freshmen that were seventeen years old.
6. It is suggested that the student union increase it's bowling and billiard leagues and clubs.

7. That the union should increase its camping and canoeing programs and provide instructions for these programs.
8. Based on a two to one return ratio of the questionnaires in favor of the females, it is suggested that the union staff take a greater look into female activities.

#### Recommendations

The present investigation led to the following recommendations for future study:

1. That a study similar to the present one be conducted on an annual basis in the University of Wisconsin System. This would provide the data needed for future comparisons.
2. Each campus should develop continuous data collection procedures about these students who are involved in student recreation activities. This data could then be useful as a means of comparison, evaluation, and activity planning.
3. That a study be done by the University of Wisconsin - La Crosse to expand its present bowling, billiards, camping, and canoeing facilities.
4. That more demographic information be included in the study so cross-tabulation can be made for the questions. This would be valuable for the union to find out what subculture the union is including or leaving out of its programming.
5. That a study be done by the University of Wisconsin - La Crosse to better meet the interests of the female students.

6. That the results of this study be used as a topic of discussion in a Trends and/or Foundations class.
7. That the University of Wisconsin - La Crosse offer workshops for the purpose of instructions for a number of the top ranking activities.
8. That on any follow up study, a means of identifying the activity should be used.
9. That a follow up study be done on student union activities versus resident hall activities.
10. It is recommended that the student union staff review the suggestions and comments gathered by this study.
11. It is further recommended that the recreation Trends classes review the data for insight into programs in our campus union.
12. That the dorm staff review the data for insight into intramural and recreation activity programs.

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REFERENCES CITED

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APPENDIX A



The UNIVERSITY of WISCONSIN - LA CROSSE

LA CROSSE, WISCONSIN 54601

(608) 785-8000

Dear Incoming Freshmen,

I am a graduate student at the University of Wisconsin - La Crosse majoring in Parks and Recreation Administration.

I am presently in the process of writing my Master's Seminar Paper, and am in need of your assistance for my research to be successful.

Attached is a Student Union Questionnaire, along with a computerized answer sheet. Please read each question carefully before responding. Please USE PENCIL on the answer sheet for recording your response.

Please complete the questionnaire during your lunch break, and return the questionnaire to the designated desk during registration.

I sincerely appreciate having you take time from your busy schedule to complete the questionnaire. Your cooperation is greatly appreciated.

Yours Truly,

Thomas R. Chaudoir

APPENDIX B

STUDENT UNION QUESTIONNAIRE

Do not identify yourself.

To help determine the potential utilization of the Recreational Activities located in the Cartwright Center (student union) please answer each question below based on your interest.

Read each question and when you have decided your response, blacken in the corresponding space on the answer sheet. Use only pencil to mark your answer.

1. Sex: Male (Mark box 1) or Female (Mark box 2)
2. Marital Status: Single (Mark box 1) or Married (Mark box 2)
3. Age: 17 (Mark box 1); 18 (Mark box 2);  
19 (Mark box 3); 20 and over (Mark box 4)

For questions 4 - 46: No Interest (Mark box 1)  
Low Interest (Mark box 2)  
Moderate Interest (Mark box 3)  
High Interest (Mark box 4)

4 - 20: Indicate by marking the appropriate numbered box the following Indoor Recreational Activities you have an interest in:

4. Backgammon
5. Bridge
6. Billiards
7. Bowling
8. Cards
9. Checkers
10. Chess
11. Foosball
12. Table Tennis
13. Darts
14. Dancing
15. Karate
16. Aikido
17. Weight Lifting
18. Badminton
19. Handball
20. Racquetball

21 - 46: Indicate by marking the appropriate numbered box the following Outdoor Recreational Activities you have an interest in:

- 21. Camping
- 22. Canoeing
- 23. Fishing
- 24. Frisbee
- 25. Ice Skating
- 26. Sailing
- 27. Ice Hockey
- 28. Soccer
- 29. Archery
- 30. Jogging
- 31. Horseback Riding
- 32. Trapshooting
- 33. Downhill Skiing (Recreational)
- 34. Downhill Skiing (Racing)
- 35. Cross-Country Skiing (Recreational)
- 36. Cross-Country Skiing (Racing)
- 37. Cycling
- 38. Backpacking
- 39. Kayaking
- 40. Rugby
- 41. Skin & Scuba Diving
- 42. Softball
- 43. Rowing
- 44. Water Skiing
- 45. Spelunking (Cave Exploration)
- 46. Orienteering (Map & Compass)

47. Excluding the above activities, list one or two other Recreational Activities you have an interest in.

48. Please check if you have an interest in the following intramural type leagues.

Bowling \_\_\_\_, Billiards \_\_\_\_, Darts \_\_\_\_,

Others, Please Specify: \_\_\_\_\_

49. Please check if you have an interest in the following clubs.

Bowling \_\_\_\_, Trekker Outing \_\_\_\_, Skin & Scuba Diving \_\_\_\_.

Others, Please Specify: \_\_\_\_\_

\_\_\_\_\_

50. Comments: