



Clinical Perspective of Holy Family Services

The Power of **AND**

University of Wisconsin
Eau Claire

WESLACO, TX SPRING 2016

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ABSTRACT

The University of Wisconsin-Eau Claire is known for its commitment for providing a diverse and high quality education for students. The College of Nursing upholds this standard by allowing students to experience a culturally diverse patient population through clinical immersion experiences. This spring our group travelled to Weslaco, TX to provide nursing care and increase our cultural competence.



Holy Family Services Clinic

INTRODUCTION

Our clinical group traveled to Holy Family to practice our skills and provide assistance to the community and providers. Our goal was to analyze data regarding Holy Family and the center's comparison to traditional medical centers. To accomplish this, our group spent time researching practices at Holy Family and Knapp Medical Center while comparing and contrasting outcomes and patient satisfaction.

MATERIALS AND METHODS

In preparation for the immersion experience, our group spent time researching geographic, demographic, and cultural data of Hidalgo County. Weslaco, TX is located approximately 10 miles from the Mexican border. According to the 2014 United States Census Bureau report the Hidalgo County population was 831,073 people consisting of 90.9% Hispanic, 7.4% White, 1.0% Asian, 0.4% Black, 0.2% Blended ethnicity, and 0.1% American Indian. The median household income was \$34,952. The educational attainment consisted of 37.8% with no diploma, 23.7% with a high school diploma, 22.1% with some college education, 11.8% with a bachelors degree, and 4.7% with a graduate degree.

RESULTS

Holy Family Birthing Center and Traditional Hospitals

Services Provides:

- Prenatal and postnatal care
- Labor and delivery
- Well women visits
- GYN visits
- Pregnancy tests
- Breastfeeding assistance

Services Specific to Holy Family:

- Water birth
- Free pregnancy testing/classes
- Home visits for mom and baby
- Birthing suites
- Chapel onsite
- On call staff onsite

Clinic Observations at Holy Family:

- Bilingual staff
- Cultural competence
- Family displayed and verbalized satisfaction
- Holistic care provided
- Accepting of all socioeconomic status
- Catholic centered basis

Services Specific to Traditional Hospital

- Operating room for cesarean section
- Surgeons on staff
- Pediatricians on staff
- Security



Holy Family Services Birthday Party Face Painting



Knapp Medical Booth

DISCUSSION

In the comparison between a traditional hospital, such as Knapp Medical Center and a midwife-run birth center, prenatal services provided were similar in standard and diversity. Since the birth center provided more personalized services and a more intimate setting for delivery, we believe this is a better option for women and infants. Birthing centers provide individualized care for women seeking a safe alternative to a hospital experience. This is supported by our interactions with several patients during our week-long stay on the birthing campus and a visit to Knapp Medical Center. All mothers who we interacted with at the birth center described an intense, empowering experience supplemented by holistic care provide by the midwives. Women also expressed that they would continue their well-women visits at Holy Family and return for future pregnancies.



Holy Family Birthing Suite



Knapp Pediatric Room

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Holy Family Services Classroom

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